

Safeguarding and well-being directory - adults

Issue	Area	Agency
Adult abuse	Dorset	Trust safeguarding adults teams Dorsetforyou safeguarding adults - raising concerns
Alcohol misuse	Dorset	LiveWell Dorset EDP
Anger	Dorset	GP CMHT (Community Mental Health Team)
Anorexia	Dorset	GP CMHT (Community Mental Health Team) Beat eating disorders- online support and info.
Anxiety	Dorset	GP Steps2wellbeing Community Mental Health Team
Bereavement	Dorset	Cruse (national bereavement charity)
Childhood sexual abuse	Dorset National For men	from hurting2healing NAPAC Survivors UK STARS Dorset STARS Dorset (referral form)
Debt	Dorset	Citizens Advice National debtline ☎ 0808 808 4000
Depression	Dorset	GP Steps2wellbeing Community Mental Health Team
Domestic abuse	Dorset	Dorset for you - help for victims of domestic abuse MARAC (Multi Agency Risk Assessment Conference)
Drug misuse	Dorset	Reach
Family problems	Weymouth	Waves (childrens society)
Female genital mutilation	National	GP FGM support, Dorset police STARS Dorset STARS Dorset (referral form)
Fetishes	Dorset	Referred to The Portman Clinic in London. See Psychosexual medicine referral pathway
Forced marriage	National	Forced marriage unit
Gender identity	Dorset	Over The Rainbow
Health anxiety	Dorset	Steps2wellbeing
Homeless	Dorset	Dorsetforyou - Homelessness Shelter
HIV support	Dorset	Level 3 GUM
Internet risk	Dorset	Trust safeguarding adults teams
Interpreter needed	DCH	Interpreter services
Learning disabilities	Dorset	Dorset Healthcare learning disability services
Low self-esteem	Dorset	Steps2wellbeing
Mental health problems - mild	Dorset	Steps2wellbeing
Mental health problems - severe	Dorset	CMHT (Community Mental Health Team) Look for Crisis response team contacts
Obsessive compulsive	Dorset	Steps2wellbeing

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disorder		
Overdose	Dorset	Refer to Emergency Department
Overweight	Dorset	Livewell Dorset
Panic attacks	Dorset	Steps2wellbeing
Paraphilias	Dorset	Referred to The Portman Clinic in London. See Psychosexual medicine referral pathway
Paedophilia	National	https://www.stopitnow.org.uk/
Phobias	Dorset	Steps2wellbeing
Post-traumatic stress disorder	Dorset	Steps2wellbeing
Psychosexual problems	Dorset	Psychosexual medicine referral pathway
Safeguarding adults	Dorset	Trust safeguarding adults teams Dorsetforyou safeguarding adults - raising concerns
Self-harm	Dorset	General practitioner CMHT (Community Mental Health Team)
Sexual assault	Dorset	Dorset sexual assault referral pathways The Shores STARS Dorset STARS Dorset (referral form)
Sexual dysfunction	Dorset	Psychosexual medicine referral pathway
Sexual exploitation	Dorset	Trust safeguarding adults teams
Sexual risk taking	Dorset	Level 3 GUM
Sexual risk taking (LD)	Dorset	Dorset Healthcare learning disability services
Smoking	Dorset	Livewell Dorset
Social phobia	Dorset	Steps2wellbeing
Stress	Dorset	Steps2wellbeing
Suicide	Dorset	CMHT (Community Mental Health Team) Look for Crisis response team contacts
Trafficking	Dorset	Trust safeguarding adults teams
Transgender	Dorset	Over The Rainbow
Vulnerable adult	Dorset	Trust safeguarding adults teams

Safeguarding and well-being directory - adults

Agency details and referral processes

Trust safeguarding adults teams

Services provided

- Advice regarding safeguarding concerns, signposting
- Liaison with police, social services if required

Referral criteria

- Adult abuse (sexual, emotional, physical, domestic abuse, neglect)
- Cause for concern in a vulnerable adult
- Advice regarding capacity to consent

Referral process

- Telephone local safeguarding adults lead during working hours
- Outside working hours, in an emergency, contact adult social services or police
☎ 01202 657 279 or 01929 557 712

Contacts

Dorset County Hospital

- [DCH safeguarding adults intranet website](#)
- Complete a [cause for concern form](#)
- Safeguarding adults office (working hours) ☎ 01305 25 4633 or 3274
- Safeguarding adults lead Sarah.Cake@dchft.nhs.uk
- MCA and learning disability adviser Joanne.Findlay@dchft.nhs.uk

Dorset Healthcare

- DHC safeguarding adults intranet website
- Safeguarding adults lead ☎ 01202 44 3117 or 07500 814 558
- Safeguarding adults adviser ☎ 01305 36 1106 or 07825 897 596 or
☎ 01202 44 3104 or 07920 530 133

Royal Bournemouth Hospital

- [RBH safeguarding adults intranet website](#)
- Safeguarding adults named nurse Jenny.House@rbch.nhs.uk Bleep 2396
- MCA and learning disability adviser Vicki.West@rbch.nhs.uk

Safeguarding and well-being directory - adults

Agency details and referral processes

Steps2wellbeing <http://www.steps2wellbeing.co.uk>

Services provided

The Steps to Wellbeing Service provides an evidence-based psychological therapies service for people suffering from mild to moderate anxiety and depression based problems.

- Anxiety, health anxiety
- Depression
- Obsessive compulsive disorder
- Panic disorder
- Post-traumatic stress disorder
- Social phobia and specific phobias

Referral criteria

- Aged 18 or over
- Registered with a locality GP (Dorset or Southampton)
- Mild to moderate anxiety / depression disorder
- Not currently engaged with other mental health services (eg community mental health teams, crisis team)

Referral process

- Self-referral - completing online referral form or telephone (see website)
- Standard referral letter

Contacts

- There are offices in Poole, Bournemouth, Dorchester and Weymouth
- See website for contact details

Livewell Dorset [Livewell Dorset](#)

Services provided

- Stop smoking; lose weight; drink less; move more

Referral criteria

- Dorset residents aged ≥ 18 years

Referral process

- Free helpline ☎ 0800 032 5204

Contacts

- Free helpline ☎ 0800 8401628
- Email: queries@livewelldorset.co.uk (include only name, phone number, and e-mail address)

Safeguarding and well-being directory - adults

Agency details and referral processes

You First Dorset <http://lifeyouwant.org.uk/service/you-first/>

Services provided

You First is the county integrated domestic violence and abuse service providing free and discreet support, advice and refuge to victims and survivors of domestic abuse and violence.

- Individual and group support for women and men experiencing domestic violence and abuse
- Refuge provision for women and children
- Safe houses for men with or without children

Referral criteria

- Dorset residents (also provides services in Hampshire)
- Women and men aged ≥ 18 years experiencing domestic violence and abuse

Referral process

- Free helpline ☎ 0800 032 5204

Contacts

- Free helpline ☎ 0800 032 5204 for all enquiries including referral queries
- Email: yfirstdorset@lifeyouwant.org.uk