

Contact details

The Department of Sexual Health at The Royal Bournemouth Hospital is located on the ground floor of the West Wing (opposite Wards 2 and 3) at The Royal Bournemouth Hospital.

Telephone: **01202 704644**, option one for appointments, option two for results and option three for advice.

www.gumedicine.rbch.nhs.uk



The Royal Bournemouth
and Christchurch Hospitals
NHS Foundation Trust

Sexual Assault Sexual Health Clinic

Our mission

To provide the excellent care
we would expect for our families.

The Royal Bournemouth Hospital,
Castle Lane East, Bournemouth, Dorset, BH7 7DW

The Bournemouth Hospital Charity raises funds for the Bournemouth and Christchurch Hospitals to enhance patient care and purchase items which directly benefit patients and staff above and beyond that which can be funded by the NHS alone.

If you would like to contribute to the Bournemouth Hospital Charity please contact them on **01202 704060**, email charity@rbch.nhs.uk or visit www.bournemouthhospitalcharity.org.

If you have any queries or concerns about your care at the Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust, the Patient Advice and Liaison Service (PALS) would be happy to help you and can be contacted on **01202 704886/704301** or pals@rbch.nhs.uk.

If you would like this leaflet printed in a larger font, please contact the Communications Team on **01202 704905** during the office hours of 8.30am-5pm Monday - Friday.



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Department of Sexual Health -
Sexual Health and HIV Clinic

Website: www.rbch.nhs.uk ■ Tel: 01202 303626

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This leaflet explains about the role of the SASH clinic.

What is the sexual assault sexual health (SASH) clinic?

It's a clinic for those who have been sexually assaulted or raped and require tests or treatment for sexually transmitted infections. You may have been referred to this clinic via The Shores Dorset, Dorset Rape Crisis Support Centre, an Independent Sexual Violence Adviser (ISVA) or a GUM doctor.

The sexual health nurse will aim to contact you within 1 week to arrange an appointment at a suitable time for yourself, however you can also call the Department on the number below to arrange your own appointment.

Although this clinic is run by a nurse from the Department of Sexual Health at Bournemouth Hospital, your appointment can be either back at the Shores or Bournemouth Hospital, depending on your own preference.

If you would like to speak to someone before your appointment please contact **01202 704644** and select option three.

What is the aim of the clinic?

To provide a safe, discreet and caring environment, offering a holistic service for your sexual health needs.

What happens at a clinic appointment?

The nurse will need to ask you some sensitive questions so that the appropriate tests can be carried out. These usually include:

- swab/urine tests for chlamydia
- swabs for gonorrhoea
- blood tests for infections such as syphilis, HIV and hepatitis

Sometimes you may need to be examined and we understand this may be difficult for you but will be carried out as sensitively as possible by a trained nurse. You can stop the examination at any time.

Men are asked to hold their urine for at least two hours prior to their appointment as a urine sample will be required.

If appropriate, you may be offered a course of hepatitis B injections to give you natural immunity against hepatitis B.

For women, a pregnancy test may be carried out if required.

Results can take a few days and the nurse will discuss with you how you would like to receive them. This can be a phone call or text message.

Will I need treatment?

All treatment is free and may be given to you on the day you are seen if an infection is suspected. Otherwise, if your results show an infection that needs treatment, we will arrange for you to return to the clinic.

Will I need any follow up appointments?

The nurse will discuss with you any further follow up appointments you may require and arrange these on the day. This can include returning for further hepatitis B injections and repeat blood tests to cover the time frame for syphilis, HIV and hepatitis.

Who will be informed of results?

Results will only be given to the individual that has attended the clinic, however we can inform GP's or other medical departments with your permission.

To help remind you on the day please feel free to jot down any questions you may have.

Is it confidential?

The clinic is totally confidential and independent to the hospital information systems. You will be given a unique clinic number which will be used instead of your name for tests etc. You will need this number to access your results and no information will be given without it so we recommend you keep your card in a safe place.

Any comments?

If you have any comments, suggestions or compliments please ask to speak to the person in charge, or complete a 'comments, suggestions and compliments' form available at reception.

Alternatively contact our Patient Advice and Liaison Service (PALS)
tel: **01202 704886** email: pals@rbch.nhs.uk